

EMAIFO 2025 PRESEASON EXAM

There are 35 questions. Most have four possible answers. Mark the best answer. Do not read too much into each question. Assume all penalties are accepted unless otherwise noted. Take the exam one time. Use your books and other people. You might want to write down the answers first, as sometimes you lose the answers if you do not finish the exam in one sitting. Taking this exam is a requirement for membership in the association. The exam is due before the August meeting.

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* Indicates required question

NAME *

Your answer

EMAIL *

Your answer

1. 4th and 5 at the B-40. A12 sweeps to the left, fumbles at the B-37, and the ball rolls out of bounds at the B-33. * 1 point

- ☐ a. A's ball, 1st and 10 at the B-33
- ☐ b. A's ball, 1st and 10 at the B-37
- ☐ c. B's ball, 1st and 10 at the B-33
- ☐ d. B's ball, 1st and 10 at the B-37



2. Go back to question #1. If this play occurs on 3rd down, of course you stop the clock when the ball goes out of bounds. When does the clock start? * 1 point

- ☐ a. Immediately
- ☐ b. On the ready-for-play signal
- ☐ c. On the snap

3. 1st and 25 at the 50. Team B has only 10 players on the field at the snap. B53 realizes he should be on the field, runs on at the B-40, and tackles the runner at the B-45. * 1 point

- ☐ a. 1st and 10 at the B-35
- ☐ b. 1st and 5 at the B-30
- ☐ c. 1st and 10 at the B-25
- ☐ d. 1st and 20 at the B-45

4. 2nd and 10 at the A-30. QB A14 drops back to the A-20 and throws a pass that A48 catches at the A-25. He immediately throws a pass that A87 catches at the 50 and is tackled there. * 1 point

- ☐ a. Legal play since the first pass is completed behind the neutral zone.
- ☐ b. 2nd and 15 at the A-25
- ☐ c. 3rd and 25 at the A-15
- ☐ d. 3rd and 20 at the A-20



5. 1st and goal at the B-8. While A15's pass is in the air, intended receiver A82 is grabbed in the end zone. A flag is thrown as A82 makes a great catch for a TD. ★ 1 point

- ☐ a. To score the TD, team A must decline the defensive pass interference penalty.
- ☐ b. The TD counts, and team A can have the penalty enforced on the try.
- ☐ c. The TD counts, and team A can have the penalty enforced on the succeeding kickoff.
- ☐ d. Both b. and c. are correct answers

6. 4th and 10 at the R-16. The field goal attempt by K41 is very short and is ★ 1 point caught by R73 one yard deep in the end zone. He runs it out and is tackled at the R-40. During the run, R53 is called for clipping at the R-30. The officials confer and correctly decide that the next play will be R's ball, 1st and 10 at the:

- ☐ a, R-25
- ☐ b. R-20
- ☐ c. R-15
- ☐ d. R-10



7. 4th and 3 at the B-40. A36 is stopped at the B-38, and B68 is called for a * 1 point late hit. During the play A74 is called for holding at the line of scrimmage. The best option for team B is:

- ☐ a. B's ball, 1st and 10 at the B-23
- ☐ b. A's ball, 1st and 10 at the B-35
- ☐ c. B's ball, 1st and 25 at the B-23
- ☐ d. No option, double foul, replay the down

8. 4th and 10 at the K-30. K80's punt is partially blocked behind the neutral * 1 point zone and continues downfield. R76 muffs the ball at the K-33, and the ball rolls back to the K-28. K-80 recovers it and runs to the K-35 where he is tackled.

- ☐ a. R's ball, 1st and 10 at the K-28
- ☐ b. K's ball, 1st and 10 at the K-28
- ☐ c. K's ball, 1st and 10 at the K-35
- ☐ d. R's ball, 1st and 10 at the K-35



9. Noticing in the films that the team R front line on a free kick always drops back to block as the kicker approaches the ball, team K, from the K-40, attempts an onside kick toward the sideline. K87 catches the short, high kick at the R-45 and immediately goes to a knee. No team R player is near the ball.

* 1 point

- ☐ a. Legal play, K's ball, 1st and 10 at the R-45. This is kick-catching interference if a team R player is in the area.
- ☐ b. Kick-catching interference. Team R has the option of R' ball, 1st and 10 at the K-40 or a rekick at the K
- ☐ c. If this occurs during a scrimmage kick, kick-catching interference should be called.
- ☐ d. If a team R player is called for encroachment, there are double fouls and a rekick at the K-40.

10. 2nd and goal at the B-5, 10 seconds left in the first half. A24 runs for a touchdown, and when he scores, five seconds are left on the clock. During the run A63 is called for holding. *

1 point

- ☐ a. The clock will start on the snap.
- ☐ b. The clock will start on the ready-for-play signal.
- ☐ c. Team B has the choice to have the clock started on the snap or ready-for-play signal.



11. Team K's free kick from the K-40 is muffed by R88 at the R-15. As the ball rolls toward the goal line, R88 sees that a very speedy K21 might beat him to the ball and recover it, so R88 kicks the ball through the end zone. Whether the penalty is accepted or declined, which of the following is NOT a possible option? ★ 1 point

- ☐ a. Safety
- ☐ b. Touchback
- ☐ c. Rekick at the K-30

12. 1st and 10 at the A-45. QB A8 scrambles and gets tackled at the A-42. During the play A37 is called for blocking below the waist at the A-40. ★ 1 point

- ☐ a. 1st and 25 at the A-30
- ☐ b. 1st and 20 at the A-35
- ☐ c. 1st and 28 at the A-27
- ☐ d. 1st and 30 at the A-25

13. 3rd and 18 at the B-26. QB A8 is still scrambling and throws a complete pass to A84 at the B-20 where he is tackled. B53 is called for roughing the passer. ★ 1 point

- ☐ a. 3rd and 2 at the B-10
- ☐ b. 1st and goal at the B-5
- ☐ c. 1st and 10 at the B-11
- ☐ d. 1st and goal at the B-10



14. Pass receiver A83 leaps to catch a forward pass 10 yards downfield. Just as he gets his hands on the ball, he is hit forcibly by B-29, causing the ball to fall incomplete. Which of the following statements is true? * 1 point

- ☐ a. If he is hit with a forearm to the back of the helmet, the foul is for targeting.
- ☐ b. If he is hit with a shoulder to the back, the foul is for hitting a defenseless player.
- ☐ c. If he is hit with open hands to the back, there is no foul.
- ☐ d. If he is hit by being wrapped up, there is no foul.
- ☐ e. All of the statements are correct.

15. 1st and 10 at the 50. A44 runs to the B-20 and fumbles. B19 recovers the ball there and runs it to the A-40 where he is tackled by a twisting face mask. During B19's run B52 is called for a block in the back at the B-30. * 1 point

- ☐ a. Since both fouls occur after the change of possession, the only option is to replay the down.
- ☐ b. Since both fouls occur after the change of possession, enforce them in the order of occurrence.
- ☐ c. If team B wants to keep the ball, team A's penalty must be declined, and team B's penalty is enforced, 1st and 10 at the B-20.
- ☐ d. If team B's penalty occurs before the change of possession, they would still have the option to decline team A's penalty and keep the ball.

16. 4th and 10 at the K-30. K37's high punt comes down at the R-30. R29 ★ 1 point signals for a fair catch but lets the ball bounce and roll out of bounds at the R-16. While the ball is rolling, R29 blocks (with legal blocking technique) K59 at the R-35.

- ☐ a. R's ball, 1st and 10 at the R-16
- ☐ b. R's ball, 1st and 10 at the R-20
- ☐ c. R's ball, 1st and 10 at the R-8
- ☐ d. K's ball, 4th and 25 at the K-15

17. 2nd and 5 at the B-35. A17's long pass is intercepted by B29 at the B-6, ★ 1 point and his momentum carries him into the end zone. He runs around, never getting back into the field of play, and is finally tackled by a twisting face mask. It is B's ball, 1st and 10 at the :

- ☐ a. B-15
- ☐ b. B-20
- ☐ c. B-21
- ☐ d. B-35



18. 3rd and 4 at the 50. A34 runs up the middle and is tackled near the line to gain. The referee stops the clock. When the referee blows his whistle for the ready-for-play signal, the play clock is set to 40 seconds if the stoppage of play is: *

1 point

- ☐ a. For a measurement
- ☐ b. To enforce a penalty against the offense
- ☐ c. To enforce a penalty against the defense
- ☐ d. For an offensive injury

19. On a try team A lines up in a scrimmage kick formation with a holder and kicker in their proper places. A85 is the snapper and is positioned at the end of the line. There are only four team A players on the line numbered 50-79. The snap goes directly to the kicker who throws a complete pass to A85 in the end zone.

* 1 point

- ☐ a. Fouls for both ineligible player downfield and illegally touching a forward pass against A85
- ☐ b. Two points for team A
- ☐ c. Foul for illegal formation against team A
- ☐ d. If B43 intercepts the pass, he may run it back for two points for team B.



20. 1st and 10 at the 50. Linebacker B56 is lined up at the B-47. At the snap he charges forward and immediately blocks snapper A61 in the front below the waist at the 50. The ball is still in the free-blocking zone at the time of the block. Which of the following statements is true? ★ 1 point

- ☐ a. The block is legal.
- ☐ b. B56 has committed a foul for blocking below the waist.
- ☐ c. Rules for blocking below the waist in the free-blocking zone apply to team A only.
- ☐ d. The block is legal if B56 lines up at the B-49, no matter how long he waits after the snap to throw the block.

21. 2nd and 15 at the B-40. A48 runs and is tackled at the B-18. During the run B75 is called for a block in the back at the B-30. ★ 1 point

- ☐ a. 1st and 10 at the B-20
- ☐ b. 2nd and 5 at the B-30
- ☐ c. 1st and goal at the B-9
- ☐ d. 1st and goal at the B-8



22. 4th and 4 at the A-6. Team A needs to go for it as they are losing near the end of the game. QB A7 drops back into the end zone. His forward pass is deflected by the defense into the hands of eligible receiver A87 who is standing in the end zone. A confused A87 immediately throws an incomplete forward pass toward eligible receiver A86 at the A-20. * 1 point

- ☐ a. Legal play, team B takes over on downs, 1st and goal at the A-6
- ☐ b. Team B can elect to take a safety or take the ball 1st and goal at the A-6
- ☐ c. Team B can elect to take the ball 1st and goal at the A-3
- ☐ d. No options, safety

23. During a one-point try attempt, holder A41 must jump for a high snap. He returns to a knee and then decides to get up again, and he runs for the two points. * 1 point

- ☐ a. Two points for team A
- ☐ b. The ball is dead as soon as A41 gets up for the second time.
- ☐ c. While on his knee, if A41 hands off to A45 who scores, two points for team A.
- ☐ d. If A41 gets up again and throws an interception to B23 who runs it back all the way, two points for team B.

24. Since we are talking about kicking, let's talk about kicking during overtime. Team A lines up for in a scrimmage kick formation for either a try or a field goal. The kick is blocked and remains behind the neutral zone.

* 1 point

- ☐ a. In both cases, if team A recovers the ball, they may advance it.
- ☐ b. In both cases, if team B recovers the ball, they may advance it.
- ☐ c. If either team recovers the ball on a try attempt, the ball is dead.
- ☐ d. If team B recovers the ball on a field goal attempt, the ball is dead.

25. 2nd and 10 at the B-30. A23 runs to the B-21 and throws a backward pass. B68 muffs the pass at B-23, and the ball rolls out of bounds at the B-19.

* 1 point

- ☐ a. B's ball, 1st and 10 at the B-19
- ☐ b. A's ball, 1st and 10 at the B-19
- ☐ c. A's ball. 3rd and 1 at the B-21
- ☐ d. A's ball 3rd and 3 at the B-23

26. 3rd and 10 at the 50. A22 sweeps to the right. B64 momentarily grasps (no twisting) A22's face mask at the B-37 and drives him out of bounds at the B-30.

* 1 point

- ☐ a. 1st and 10 at the B-30
- ☐ b. 1st and 10 at the B-25
- ☐ c. 1st and 10 at the B-32
- ☐ d. 1st and 10 at the B-15



27. It keeps happening so here is another one. 4th and 10 at the B-20. A11 * 1 point runs up the middle and slows down at the B-12. A23 pushes him the back, and A11 finally hits the ground at the B-9.

- ☐ a. A's ball, 1st and goal at the B-9
- ☐ b. B's ball, 1st and 10 at the B-12
- ☐ c. A's ball, 4th and 15 at the B-25
- ☐ d. A's ball, 4th and 7 at the B-17

28. From the K-40, team K's attempted onside kick is first touched by K59 * 1 point at the K-49 and then recovered by R76 at the R-48. At the time of the kick, K89 is at the K-43.

- ☐ a. Team R can decline the penalty and keep the ball at the R-48.
- ☐ b. Team R can elect to take the ball at the K-49.
- ☐ c. Team R can elect to take the ball after the penalty is enforced, 1st and 10 at the K-47.
- ☐ d. A whistle should have blown at the time of the kick, rekick at the K-35.

29. 4th and goal at the B-8. With his feet on the goal line and facing the QB, * 1 point A86 catches a pass and is immediately wrapped up and driven down into the field of play. The ball never breaks the plane of the goal line.

- ☐ a. A86's forward progress is stopped in the end zone, touchdown.
- ☐ b. A's ball, 1st and 10 just short of the goal line.
- ☐ c. B's ball 1st and 10 just short of the goal line.
- ☐ d. If A86 is hit before the ball gets to him, the defensive pass interference penalty results in A's ball, 1st and goal at the B-4.



30. Team A comes out of the huddle and all 11 players set for a second. Running backs A31 and A32 both go in motion. A31 stops and A32 continues running parallel to the line of scrimmage until the snap. * 1 point

- ☐ a. No problem, legal play
- ☐ b. Dead ball foul, five yard penalty for illegal shift
- ☐ c. Live ball foul, five yard penalty for illegal shift
- ☐ d. Live ball foul, five yard penalty for illegal motion

31. A bad snap is rolling along the ground. Running back A-39 recovers it, runs outside the free-blocking zone, and throws a wild pass that goes beyond the neutral zone and lands four rows deep in the stands. * 1 point

- ☐ a. No foul
- ☐ b. Intentional grounding, penalty is five yards from the spot of the pass
- ☐ c. Intentional grounding, penalty is five yards from the spot of the pass and loss of down.
- ☐ d. If A39 receives a backward pass from the QB, there is no foul.

32. While both the game clock and play clock are running, team A lines up and the referee notices that the QB's arm is bleeding. * 1 point

- ☐ a. Let the play finish and then send the QB to the bench.
- ☐ b. Immediately blow the whistle , stop the clocks, and send the QB to the bench.
- ☐ c. If the repairs are made in less than 25 seconds after the referee sends him out, the QB can continue playing,
- ☐ d. Team A can call a time out, so the QB can continue playing.



33. 4th and 6 at the K-45. R43 makes a valid fair catch signal at the R-20 and muffs the punt. The ball rolls to the R-15 where R46 recovers it and starts running. K94 tackles him causing a fumble that K90 falls on at the R-10.

* 1 point

- ☐ a. R's ball, 1st and 10 at the R-15
- ☐ b. K's ball, 1st and 10 at the R-15
- ☐ c. R's ball, 1st and 10 at the R-20
- ☐ d. K's ball, 1st and goal at the R-10

34. The last play of the first period begins at the A-10 and ends at the B-40. The period is NOT extended for an untimed down in which of the following situations?

* 1 point

- ☐ a. Team B accepts a penalty for intentional grounding.
- ☐ b. Team B accepts a penalty for clipping.
- ☐ c. Team A accepts a penalty for defensive pass interference.
- ☐ d. Team A accepts a penalty for targeting.



35. Coming to the end of this exam, we have to write a play with some unsportsmanlike behavior. 2nd and 10 at the B-20. A29 runs and is tackled at the B-16. After the play B62 rudely shoves A76, and to retaliate, A54 hits B62. Flags fly all over the place. * 1 point

- ☐ a. Penalize both dead ball fouls in the order of occurrence, 3rd and 13 at the B-23.
- ☐ b. Penalize both dead ball fouls in the order of occurrence, 3rd and 20 at the B-30.
- ☐ c. Since both dead ball fouls occur before any penalty administration, and since there are the same number of fouls on each team, the fouls cancel, 3rd and 6 at the B-16.
- ☐ d. The penalties cancel, replay the down, 2nd and 10 at the B-20.

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